

Health

M A G A Z I N E

breakthroughs

LID LIFT

Everybody gets baggy, puffy eyes sometimes, usually after too much reveling or emotion or not enough sleep. That's normal. But people whose eyes always look like they're carrying suitcases around with them may want to do something about it, and now they can, thanks to Michael Evan Sachs, MD.

Dr. Sachs has gone beyond the traditional removal of fat from

lid sags and under eye bags to deal with what's called the periorbital herniated fat syndrome: Ligaments in the under eye area simply let go. His new operation strengthens those ligaments. "I've found a one hundred per cent improvement with the surgical technique," says Sachs. "We've been using it for five years and, based on the results so far, we feel confident that the repair work should last at least twenty years, if not longer."



Heavy upper eyelids made this 55-year old woman look permanently tired



After an upper eyelid lift, her eyes appear more refreshed and youthful



18-year-old girl Cathy inherited scowl eyes



After upper and lower lid surgery Cathy now has large sparkling eyes