

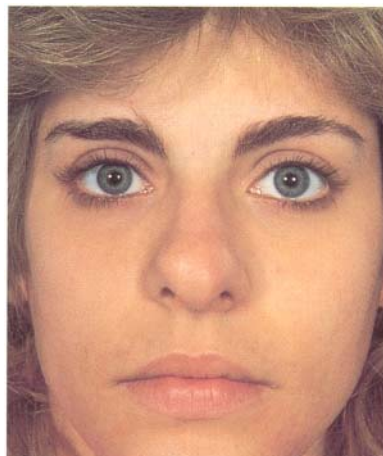
COSMOPOLITAN

create a *new* you:

THE PLASTIC SURGERY PRIMER

Did fate play a cruel joke when your beauty genes were doled out? Maybe Christie Brinkley grabbed more than her fair share, but don't complain... make this the year you consult a plastic surgeon! No, you won't be guaranteed a post-op modeling career, but dramatic improvements are routine. Here's the latest on how to best Mother Nature...

by Ronnie Sue Ebenstein

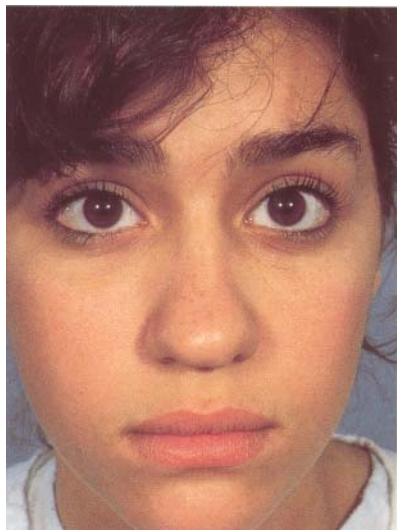


Bulbous nose and tip were reshaped, resulting in an overall refinement

NOSE RESHAPING

Nose reshaping (rhinoplasty) can dramatically improve an imperfect profile. Where it's done: The operation is performed in a doctor's surgical suite (same day release).

To speed recovery: "You will wear a small splint or tapes over your nose for about one week to immobilize the nose so it will heal correctly, and you can be back to work in about one week."



Bulbous nose overshadowed her total appearance

Reshaping nasal elements reveals a beautifully proportioned face

Fifty per cent of the swelling will be gone in six months, though it takes about a year for final results to emerge".

Bonus: A drooping nasal tip (an aging giveaway) is less evident among rhinoplasty patients. Trade Off: Thinner skin refinements better than thick, oily skin. New techniques: Dr. Michael Sachs' revolutionary nasal sculpting surgery can give you the nose you've always dreamed of in fifteen minutes.

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